



Nature
HISTORY
Discovery

Tryon Creek Trail Guide

Welcome ...

... to Tryon Creek State Natural Area, a 645-acre natural day-use area located between Portland's metropolitan area and the city of Lake Oswego. The park has 8 miles of hiking trails, 3.5 miles of horse trails and a 3-mile paved bicycle path.

Tryon Creek canyon was logged in the 1880's by the Oregon Iron Company to provide fuel for the iron smelter in Lake Oswego. The forest has naturally regrown into a mixed stand of red alder, Douglas-fir, bigleaf maple and western red cedar. More than 50 species of birds and many small mammals, including beaver, live in the park.

Bicycle Path

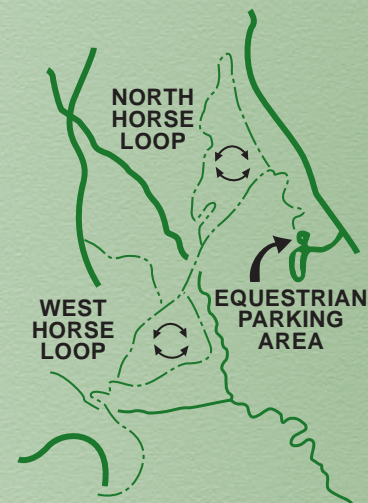
The 3-mile paved bicycle path parallels Terwilliger Boulevard on the east edge of the park, from Boones Ferry Road to State Street (Oregon Highway 43) in Lake Oswego. It is part of the Portland metropolitan area bikeway system 40-mile loop.

The Trillium Trail

The .35 mile barrier-free Trillium Trail is designed for people of all abilities. It has paved pathways, drinking fountains, resting benches and viewing decks. Trail features are identified along the way.

Horse Trails

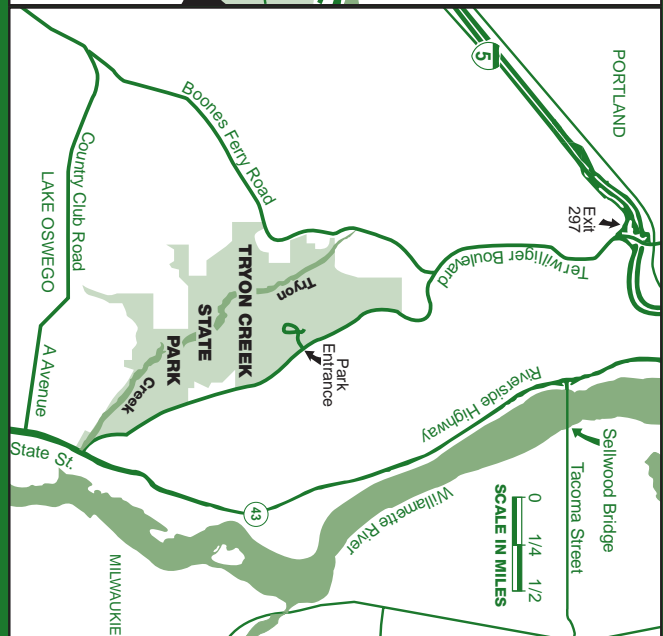
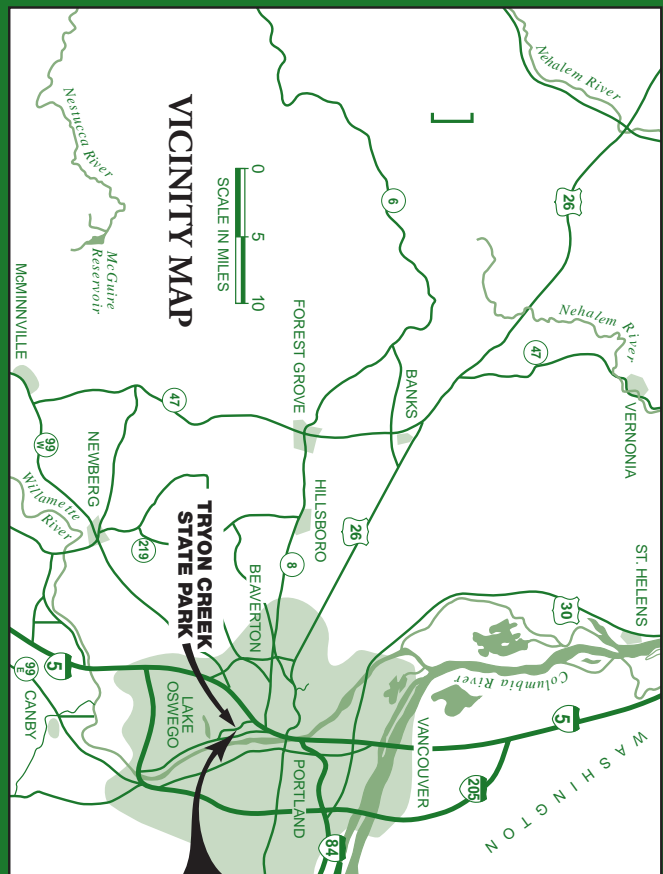
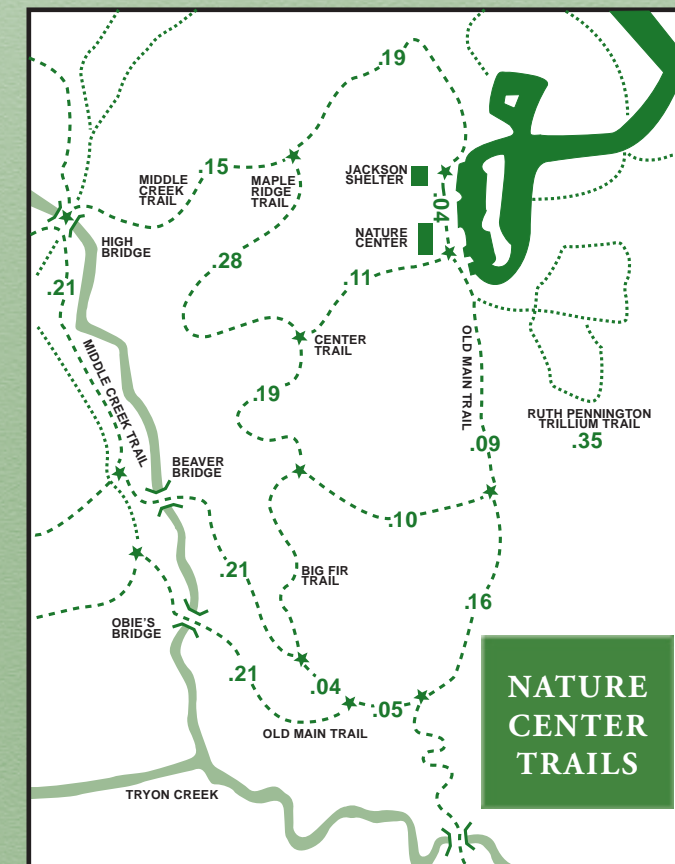
The horse trails have the greatest variation in grade: each begins near the ridgeline and travels down to the creek and back. The trail surface is packed gravel, which can support horse traffic even in wet weather. From the equestrian parking area, the North Horse Loop is 2.1 miles and the West Horse Loop is 3.1 miles.



The Nature Center

Visitors can obtain park information, purchase gifts and enjoy educational exhibits and programs at the Nature Center and nearby Glenn Jackson Shelter. Many park events are sponsored by the Friends of Tryon Creek State Natural Area, a non-profit citizens' organization dedicated to the conservation of the park's natural environment. For more information, call the Friends at 503-636-4398.

Three 1/2 mile loops (Maple Ridge, Center and Big Fir) surround the Nature Center. These trails are maintained for year-round hiking. Walking down to the creek involves a 125 foot elevation change. Hiking trails elsewhere in the park can be muddy during wet weather.



Off I-5, Terwilliger Blvd. Nearest Bus
SW Portland Route #39 or #35
Phone: 503-636-9886



Tryon Creek State Natural Area

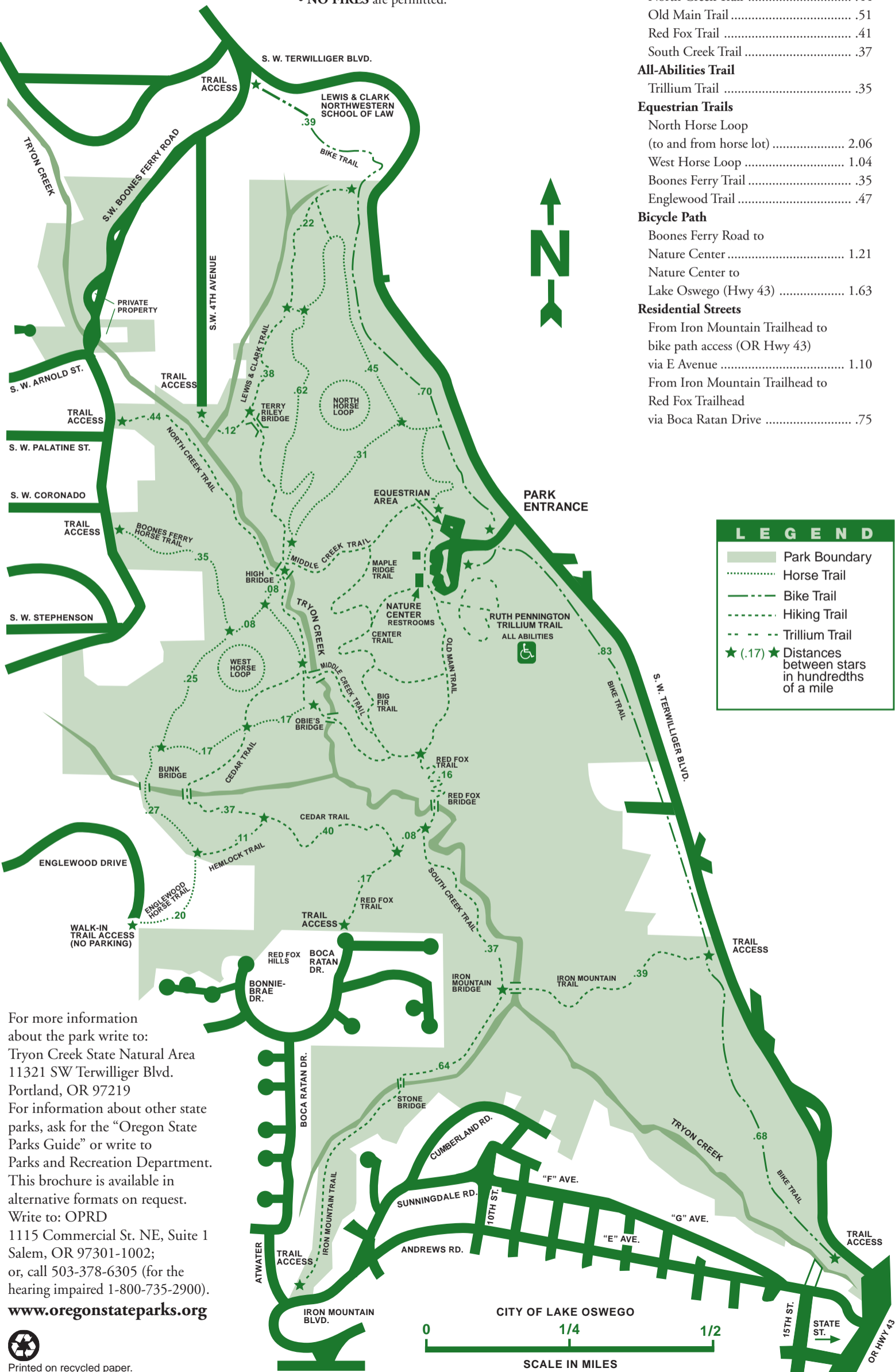


Please! Observe the courtesies of the trail.
Please remember the following:

- **STAY ON THE TRAIL**
Shortcuts cause erosion and increase the cost of trail maintenance.
- **HORSEBACK RIDERS** must stay on horse trails and ride single file.
- **DO NOT REMOVE PLANTS**
- **PETS** must be on leash and under control at all times (maximum 6' leash) and wastes properly removed. Keep pets out of the creek.
- **BIKE RIDERS** are restricted to paved bike paths or parking areas.
- **NO FIRES** are permitted.

TRAIL DISTANCES

Nature Center Trails	
Maple Ridge Loop62
Center Trail Loop49
Big Fir Loop59
Park Trails	
Cedar Trail96
Fourth Avenue Trail12
Hemlock Trail11
Iron Mountain Trail	1.03
Lewis and Clark Trail60
Middle Creek Trail56
North Creek Trail44
Old Main Trail51
Red Fox Trail41
South Creek Trail37
All-Abilities Trail	
Trillium Trail35
Equestrian Trails	
North Horse Loop	
(to and from horse lot)	2.06
West Horse Loop	1.04
Boones Ferry Trail35
Englewood Trail47
Bicycle Path	
Boones Ferry Road to	
Nature Center	1.21
Nature Center to	
Lake Oswego (Hwy 43)	1.63
Residential Streets	
From Iron Mountain Trailhead to	
bike path access (OR Hwy 43)	
via E Avenue	1.10
From Iron Mountain Trailhead to	
Red Fox Trailhead	
via Boca Ratan Drive75



LEGEND

- Park Boundary
- Horse Trail
- Bike Trail
- Hiking Trail
- Trillium Trail
- (.17) Distances between stars in hundredths of a mile

For more information about the park write to:
Tryon Creek State Natural Area
11321 SW Terwilliger Blvd.
Portland, OR 97219
For information about other state parks, ask for the "Oregon State Parks Guide" or write to Parks and Recreation Department. This brochure is available in alternative formats on request. Write to: OPRD
1115 Commercial St. NE, Suite 1
Salem, OR 97301-1002;
or, call 503-378-6305 (for the hearing impaired 1-800-735-2900).
www.oregonstateparks.org